

# GLOSSARY OF TERMS

<b>Abdomen</b>	=the lower part of the body.
<b>Abstinence</b>	=not having sex.
<b>Acquired</b>	=to possess by doing something.
<b>Alcoholic</b>	=a person addicted to alcohol
<b>Antibodies</b>	=a protein made by the body when a disease enters, which tries to fight against that specific disease. Example: antibodies for measles will fight to protect the body against measles.
<b>Anus/Anal</b>	=the part of the body that eliminates solid waste.
<b>Asymptomatic period</b>	=the time before a person shows signs of being infected with a disease...they have no symptoms even though they are infected.
<b>Bereavement</b>	=to be in a state of loss and grief, usually through the death of the loved one.
<b>Biological (urges)</b>	=the characteristics with which a person is born.
<b>Bisexual</b>	=a person having sexual desire for both the same and/or opposite sex as oneself.
<b>CD4 Cell</b>	=can be likened to the “captain” cell in the body.
<b>Celibate/celibacy</b>	=a person who abstains from sexual relationships or from being married.
<b>Circumcision</b>	=cutting of foreskin on the private part, more common in males.
<b>Communicable disease</b>	=diseases that can be transferred from one person to another.
<b>Communication</b>	=giving or exchanging information. Examples: talking, writing letters, touching, etc.
<b>Condom</b>	=a thin latex rubber covering that a man wears over his penis to help prevent the woman from falling pregnant or from contracting STDs.

<b>Confidentiality</b>	=keeping a matter between you and the other person concerned ...not telling the matter to anyone else.
<b>Contemporary</b>	=happening in the present time...modern.
<b>Decimating</b>	=destroy or kill.
<b>Dementia</b>	=mental condition whereby the person is unable to function normally (in the mind).
<b>Discrimination</b>	=unfavourable treatment based on prejudice of race, sexual orientation, physical condition, etc.
<b>Ejaculation</b>	=the release of semen from a man's penis.
<b>Epidemic</b>	=a disease that is very widespread in the community.
<b>Ethos</b>	=the attitude or belief of a person.
<b>Exploit</b>	=to take advantage of and use for one's own selfishness.
<b>Fertility</b>	=ability to reproduce; ability to produce a baby.
<b>Fidelity</b>	=faithfulness to one's vows or marriage.
<b>Gay</b>	=a modern-day expression to describe "same sex" partners.
<b>Genital Organs</b>	=that part of the body known as "private parts" or sexual parts.
<b>Genital</b>	=the private parts of the body.
<b>Heterosexual</b>	=a person having sexual desire for those of the opposite sex as oneself.
<b>Homosexuals</b>	=a person having sexual desire for those of the "same" sex.
<b>Hormones</b>	=a substance produced inside the organs of a human body that is carried by the body fluid to another place inside the body where it has a specific use. Example: male and female hormones are made by the body and carried inside to a particular organ to help it function.
<b>Immune system</b>	=the body's ability to fight off disease and sickness and to protect itself.

<b>Inflammatory</b>	=describing the condition of being swollen and irritated.
<b>Intimate</b>	=close and personal relationship...usually referring to sexual relationship.
<b>Intravenous</b>	=directly into the veins that carry blood in the body; usually referring to the use of a needle into the body's veins.
<b>Invincible</b>	=not able to conquer.
<b>Lecturing</b>	=a style of teaching whereby the teacher communicates information by talking.
<b>Lymph glands</b>	=the glands usually in the neck area, under the arms, and in the groin area of a human body.
<b>Monogamous</b>	=the practice of being sexually intimate with only one (1) person.
<b>Moral</b>	=ability to decide between right and wrong behaviour.
<b>Mortality</b>	=being subject to death. The understanding that one eventually will die.
<b>Oral</b>	=with the mouth.
<b>Pandemic</b>	=a disease that is very widespread throughout a nation or around the world.
<b>Penis</b>	=the private part of a male's body.
<b>Persistence</b>	=refusing to give up.
<b>Polygamy</b>	=being married to more than one person (two or more).
<b>Prejudice</b>	=an opinion or judgement before the facts are known...usually negative.
<b>Pre-marital</b>	=before one is married.
<b>PWA/PLWA</b>	= <b>Person With AIDS. Person Living With AIDS.</b>
<b>Rape</b>	=forced sexual intercourse with another person.

<b>S.T.D.</b>	=‘Sexually Transmitted Disease’ - a disease contracted by engaging in sex with someone who is infected with one or more viral or bacterial diseases, particularly located in the sex organs.
<b>Self-gratification</b>	=pleasing oneself; doing what feels good to oneself.
<b>Semen</b>	=the whitish fluid that ejects from a man’s penis during orgasm, containing sperm and fluids.
<b>Sequence</b>	=the following of one thing after another in logical order.
<b>Sexual Intercourse</b>	=the method of expressing sexual feelings, or of reproduction by a man’s penis inserting into the woman’s vagina, usually followed by the man ejaculating semen into the woman’s body.
<b>Sexual Molestation</b>	=unacceptable sexual expressions or acts towards a child.
<b>Sexuality</b>	=the sexual drive or activity of a person.
<b>Sodomy</b>	=Usually understood as forced ‘same’ sex.
<b>Sperm</b>	=male sex cells found in the semen which fertilise the female egg and necessary for the conceiving of a baby.
<b>Stereotype</b>	=person conforming to a widely accepted type or kind.
<b>Suppressed</b>	=keeping feelings inside and not expressed.
<b>Terminal</b>	=resulting in death...cannot be cured.
<b>Urinate</b>	=eliminating liquid waste from the private part.
<b>Virgin</b>	=a person who has never engaged in sexual activity.